

RISE ABOVE

Feelings

Fragile in the need to be seen

Healing

The struggle of your soul to be free

As you lower your guard
Empowered you'll stand
You'll crush what was hard
And the rock turns to sand

Patience

Longing for your voice to be heard

Courage

Have faith in the weight of the word

In search of acceptance
Truth will be your shield
With each sting of rejection
Your strength is revealed

In the wars that they wage
(Don't give up) When you're under attack (Rise Above)
Let go of the rage
Fight the urge to strike back

Rise above
Don't give up
Rise above

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Empowered you'll stand
You'll crush what was hard
And the rock turns to sand

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